

# Anatomy 1

## Task 3: Applied Anatomy: Shoulder - Upper Arm

### Practical Marking Schedule

Student Name .....

E = Identify 7/10 bony landmarks by non-invasive palpation

NE = One for every one over 7 is identified (maximum = 3)

Bony Landmark	Passed / (✓/✗)	Resit (✓/✗)
Inferior angle of <b>scapula</b>		
Superior angle of <b>scapula</b>		
Medial border of <b>scapula</b>		
Lateral border of <b>scapula</b>		
Spine of <b>scapula</b>		
Coracoid process of <b>scapula</b>		
Acromion of <b>scapula</b>		
Sternoclavicular joint of <b>clavicle</b>		
Acromioclavicular joint of <b>clavicle</b>		
Greater tubercles of <b>humerus</b>		
Lesser tubercle of <b>humerus</b>		
<b>Deltoid</b> tuberosity		
Bicipital groove		
PSIS of <b>Ilium</b>		
ASIS of <b>Ilium</b>		

E =     / 7         NE =     / 3

E = Identify the **shapes, extent** and **lines of action** of 7/10 **muscles** by non-invasive palpation.

NE = One for every one over 7 is identified (maximum = 3)

E = Identify the **origins** and **insertions** of 7/10 **muscles** by non-invasive palpation.

NE = One for every one over 7 is identified (maximum = 3)

	<b>Shapes, extent and lines of action</b>		<b>Origins and insertions</b>	
<b>Muscle</b>	<b>(✓/✗)</b>	<b>Resit (✓/✗)</b>	<b>(✓/✗)</b>	<b>Resit (✓/✗)</b>
Deltoid				
Pectoralis Major				
Subscapularis				
Supraspinatus				
Infraspinatus				
Teres Major				
Teres Minor				
Biceps Brachii				
Triceps Brachii				
Serratus Anterior				
Sternocleidomastoid (SCM)				
Splenius Capitis				
Splenius Cervicus				

E = / 14      NE = / 6

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### Initial Assessment

E = / 21      NE = / 9

Date: / /

**Merit (7)**

**Competent**

**Not Yet Competent**

Assessor: \_\_\_\_\_

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### Re-assessment

E = / 7

Date: / /

**Competent**

**Not Yet Competent**

Assessor: \_\_\_\_\_

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